


# YOUR BALDER CHARMS

Use Balder's golden solar symbols and the transformative magic of mistletoe to help you bring great success, love or fertility into your life.

## THE TRICKSTER

Balder's adversary, Loki, can be considered to be Odin's shadow side and is known as his 'blood-brother'. Described to be as beautiful as any god, Loki can fuse male and female elements, appearing as a cross-dressing shamanic figure, mocking, creative and ambivalent.

 Loki's rebellious nature invokes chaos, destroying the status quo and encouraging change. His magic is that of humour and


***Freya's necklace fell victim to the mischievous Loki.***



laughter and he is said to rule over beauty and deception. As a shape-shifter and a thief, his adventures are mischievous rather than wicked, stealing Thor's hammer, Freya's necklace, the apples of youth and finally Balder's light.

## ICELANDIC BALDER

In an alternative Icelandic version of Balder's myth, recorded by the Norse scholar Saxo, he is raised to be invincible by the Valkyries. These immortal women train him to be a victorious warrior and enchant him with magical food. And in this tale, mistletoe is the name of a sword, fashioned by Mimingus the Satyr of the woods.

 Balder's enemy is the human Hoder, who desires

***The Valkyries used magical food to enchant the god.***



his sweetheart Nanna and eventually wins her, defeating the solar god. It takes Balder three days to die, which is the same time that it takes for the days to become notably shorter in the northern hemisphere after the Summer Solstice.

## RING CHARM

A golden ring can be charged with solar energy and worn on the Apollo finger to attract success to the wearer.

**1** Charge your gold ring by placing it outside from sunrise to sunset on the longest day of the year.

**2** At noon, go outside and chant over the ring, saying "Ring of Sun, my wish be done, to shine divine, success is won".

***Enchant one of your gold rings to attract success into your life all year long.***




**3** At sunset, retrieve the ring and then place it on the third finger of your dominant hand – your Apollo finger, associated with the Sun.


**4** Turn the ring on your finger 12 times to activate the magic whenever you need to feel its solar power infusing your Self.


## MISTLETOE CHARMS


Although Balder was killed by mistletoe, the plant actually has a reputation for its healing and transformative power. Some of its magical uses are described below.

 Harvest mistletoe while making an offering of mead to the host tree and do not allow the plant to touch the ground. Suspended by a ribbon, it can be carried to the site of your spell, retaining its power.

***Grind mistletoe on the day of the Winter Solstice and make a wish at the same time.***

 Grind it while making a wish at the Winter Solstice, for a potent spell.

 Kiss beneath it to boost the fertility of a relationship.

 Placed over a bridal bed, mistletoe will ensure that the new couple will stay in love.

