

YOUR MARI CHARMS

Call upon Mari's powers and associations to cast spells for renewal and release. Her formidable minions, the Lamiak and Maide, can help you also.

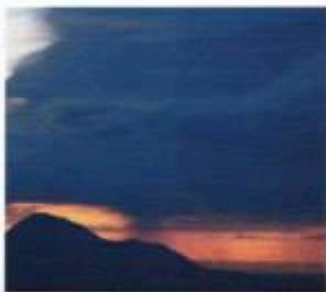
SNAKE HUSBAND

Mari's consort is the snake god, Maju, also known as Sugaar, which means 'serpent'. Apart from the snake's obvious phallic symbolism, his name is a reference to the lunar serpent believed to be the dream lover of women at puberty.

A divine thunder spirit, he is perceived as a destructive force that causes terrible electric storms and sends hail. He often appears as

Stormclouds were seen as heralding the arrival of Maju.

a sickle or half-Moon of fire, symbolising change, harvest and sacrifice. According to legend in Zarauz, Maju visits Mari each Friday to comb her hair, a story that symbolises the sexual union between opposites, which brings order and beauty to the world.



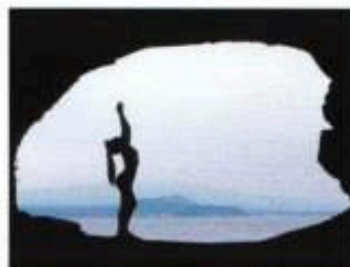
MARI'S SPIRITS

Two types of mythical being are predominant in Mari's legends. The first are the female Lamiak, who are helpful to respectful humans, particularly assisting in childbirth. Bird-footed like the goddess, they also live in subterranean caverns and possess golden combs. In many myths they hate being ignored and seek revenge when Mari's laws are broken by sending nightmares and frightening

The Lamiak lived in caverns and were bird-footed.

visions until reparation is complete.

The Maide are described as diminutive male beings that were responsible for building dolmens, cromlechs and other megalithic sites in the region. They are thought to be Mari's minions and ancestral spirits.



RELEASE SPELL

As an owl, Mari tears a situation to pieces so that it can then be reassembled in a more healed and truthful form.

If you are struggling with a relationship, project or another challenge and wish to receive divine guidance you can release your expectations to Mari.

On a full Moon take a white candle, representing the Moon, and carve into it a simple image

In her owl form, Mari destroys negative situations so they can be positively reworked.

of an owl. Burn a symbol of the situation – this could be a photo, map, letter or image – in the flames. Say "Mother Mari take my plight and turn this struggle into light."



RENEWAL CHARM

Mari's association with the spiral appears within art and in the form of the ram's horn as a symbol of renewal.

Make a comb charm decorated with a spiral to restore your energy and vitality after illness or trauma. Use gold pens or paint to decorate the comb, ensuring that your spiral motifs are drawn deosil (clockwise) in direction.

Hold the comb up to the full Moon

If winter has drained your energy, make a renewal charm with Mari's symbols.

(preferably in Aries) to charge it with Mari's power. When you wish to use it simply comb your hair while saying, "Mari restore my energy that I may serve you, blessed be".

