


# AMESHA SPENTAS CHARMS

Ask for the blessing of Persia's Holy Immortals to protect you from the Archdemons of vice and to uphold your virtues and morality.

## THE DAEVAS

These Archdemons of Persian mythology plague humans with evil and disease. The Daevas are enemies of the Amesha Spentas.

 Aesma Daeva ('fury') brings lust, anger, wrath and revenge. His opponent is Sraosa. Aka Manah is sensual desire (a vice in Zoroastrianism) and the enemy of Vohu Manah. Indra (not the Hindu thunder god Indra) is the


*If your fist clenches in rage perhaps you are afflicted by Aesma Daeva.*



destroyer of principles and beliefs, and the foe of Asha Vahishta. Nanghaithya brings discontent and hates Armaiti. Saurva is a minor demon who constantly battles Khshathra Vairya; Tawrich personifies hunger and fights Haurvatat. Zarich personifies aging and opposes Ameretat.

## FOR PROTECTION

If you are troubled by negative emotions and feel without hope or faith, you may be plagued by Daevas.

 Try to identify what you are feeling: have your principles been undermined? If so, you may be under the influence of Indra, who destroys beliefs and principles. Are you feeling discontented with life? Then the culprit is


*A fertility charm, like a pomegranate, will call upon Armaiti.*



Nanghaithya. Once you've identified your demon you can protect yourself from them with a symbol of their eternal opponent. For example, to deflect Aesma Daeva wear a charm of Sraosa, such as the number 17. To deter Nanghaithya use a fertility charm to call on Armaiti's powers.


## AHURA MAZDA

The supreme god of Persian mythology was Ahura Mazda, whose title was 'Lord Wisdom'. He led the heavenly host of Amesha Spentas, who were all seen as aspects of his divinity.

 Ahura Mazda created the heavens and the Earth and was aided in the creation of life on Earth, its elements and qualities, by the Amesha Spentas. He is the god of prophetic revelation and bore

*The winged disc is a symbol of the higher god Ahura Mazda.*

other children: Atar, Ahriman and Ormazd. His son Atar was the hero who confined the fearsome sky dragon, Azhi Dahaka, to a high mountain.

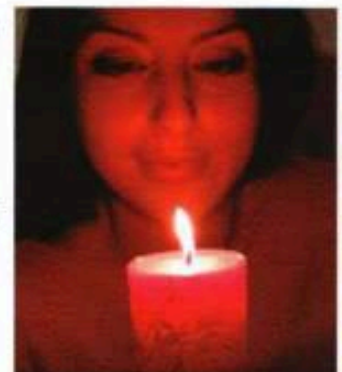
 The sky dragon escaped and killed a third of humans before it was slain.




## ZOROASTRIANISM

Perhaps the world's oldest non-panteistic religion, Zoroastrianism originated in ancient Iran (Persia). It was founded around 600BC by Zarathustra and the religion is sometimes called Zarathustrism, Mazdaism or Parsism. The latter term is mainly used in India, which has the largest number of followers. There are about 260,000 members of Zoroastrianism

*Fire symbolises Zoroastrianism's constant battle against evil.*



(150,000 in India, 60,000 in Iran and 50,000 world wide).

 The religion's main focus is the battle against evil through Ahura Mazda's fires of holiness and purity.