

YOUR ESTANATLEHI CHARMS

Estanatlehi is a well-respected goddess among the Navajo and depicted as beautiful no matter what her age. Use her magic to help you appreciate life's blessings.

LONELY GODDESS

Various myths tell how Estanatlehi created the first humans. Some say that she was found by the first man and woman, but as she grew older she also became lonely. The goddess decided to make more people as companions and did so from pieces of her own skin.

Others say Estanatlehi made love to the Sun god and had twin boys who

Estanatlehi made primeval humans from maize.

then depopulated the Earth of monsters. To repopulate the Earth Estanatlehi shook off dust from her breasts and moulded the first humans. She wrapped them in a magic blanket to give them life.

Alternatively, Estanatlehi made humans from maize and also ruled the dead.



BLESSINGS

After the goddess had created humans, she blessed her mortal children with seasons and crops. But four monsters remained: age, winter, poverty and famine. Estanatlehi decided not to destroy these surviving curses so that humans would appreciate her gifts.

The goddess also preferred to be worshipped in the home in order to be closer to her people. She was the keeper of the Blessingway

(Navajo ceremonies held to bless pregnant women during childbirth), the family home and weddings. The turquoise, her charm, can be given to bless a new bride.



Bless a bride with a gift of turquoise.

youth spell

Estanatlehi appreciates the gifts of old age as much as youth. This is the true secret of staying young.

No matter what your age, recapture your feeling of youth by casting a renewal spell.



This spell is suitable if you are just seeking a change in your life; Estanatlehi is the Goddess of Change.

Sit comfortably on a blanket at sunrise. Light a candle and say "Blessed Goddess of Change, Estanatlehi, I ask you to help me see the beauty in my life, to bring about the changes I desire and to always walk in grace". Once the Sun has risen blow out the candle. Give an offering of thanks such as a shell or turquoise.

Light a candle to activate your petition.

YOLKAI ESTSAN

Estanatlehi's sister is Yolkai Estsan, a Navajo goddess with similar qualities to her sibling. She is associated with the seasons and the land and also rules the dawn, the ocean, fire and maize.

Yolkai Estsan is sometimes called the 'White Shell Woman' because she is made from abalone.

Use shells for a dream charm.

